



# **Synovea<sup>®</sup> HR:** The New Gold Standard in Skin Lightening & Even Toning

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# Synovea<sup>®</sup> HR: Product Overview



| Trade Name                 | Synovea® HR  |   |
|----------------------------|--|---|
| Chemical name              | 4-Hexylresorcinol  | Safe & Effective<br>Brightener & Even<br>Toner; Works on all  |
| CAS Number                 | 136-77-6   | Skin Colors; Eight<br>Distinct Targets                        |
| INCI Name                  | Hexylresorcinol  |   |
| Appearance                 | Solid  |   |
| Purity                     | 99% min (typically, 99.5 to 99.9%);<br>Residual resorcinol 0.05% (typically, <0.01%)   | Anti-aging :<br>Collagen &<br>Elastin Boosting                |
| Country of origin          | India  |   |
| Miscibility                | >20% in a wide-range of hydrophobic emollient<br>esters, solubilizers, HydraSynol ™DOI,<br>HydraSynol™ IDL & glycols; Do not use Ethanol | NF-κB Inhibitor;<br>>10 fold more                             |
| Use level & formulation pH | 0.5 to 1%; pH <6.0   | effective than<br>Curcumin &<br>Resveratrol                   |
| Patent status              | Multiple allowed foreign patents   |   |
| Regulatory                 | Globally approved  | Anti-microbial Activity – Requires less amount of preservativ |

Asyntra® SL (INCI: Caprylic/Capric Triglycerides and Hexylresorcinol and Ethyl Linoleate



## In-vitro Melanin Inhibitory Activity of Synovea<sup>®</sup> HR

### **Protocol**

**Reference:** Ando H, Funasaka Y, Oka M, Ohashi A, Furumura M, Matsunaga J, Matsunaga N, Hearing VJ, Ichihashi M, J Lipid Res, 40:1312-1316, 1999

- B16 melanocyte cells in DMEM supplemented with 10% calf serum
- Incubated with Synovea<sup>®</sup> HR for 72 hrs
- Photographed cultures to show the effect in the extracellular melanin production: control vs product
- Counted cells and quantified melanin level by measuring absorbance at 490 nm





#### % Reduction in Melanin



## In-vitro Enzyme Inhibitory Activity: Synovea® HR vs. Key Skin Lighteners





#### **Conclusion:**

Synovea<sup>®</sup> HR has the most effective melanin inhibitory (in-vitro) activity over other well-known commercial products



# Hexylesorcinol Inhibits Melanogenesis in Pigmented Human Epidermal Equivalents

### PROTOCOL

- Pigmented human epidermal equivalents (melanoderm<sup>™</sup>) from Mattek corporation with melanocytes derived from black donor
- Treated with vehicle or Hexylresorcinol (5 µl / application) once daily in duplicate. Tissues were harvested on day 9
- Macroscopic and microscopic (4009) images taken with a digital camera. Tissues were then subjected to light measurement with a spectrophotometer, followed by MTT assay according to the manufacturer's protocol
- No cellular toxicity observed on melanocytes

| Untreated control | Vehicle control | 0.2 mg/ml | 1 mg/ml | 2.5 mg/ml |
|-------------------|-----------------|-----------|---------|-----------|
| **                |                 |           |         |           |

| Treatment               | L-value                  | MTT (%)          |
|-------------------------|--------------------------|------------------|
| Untreated control       | $44.46\pm0.51$           | $100\pm5.58$     |
| Vehicle control         | $45.58\pm0.35$           | $100\pm9.31$     |
| 0.2 mg/ml HP in vehicle | $45.65\pm0.33$           | $101.74\pm3.43$  |
| 1 mg/ml HP in vehicle   | $47.1\pm0.67~\textbf{*}$ | $99.03\pm2.8$    |
| 2.5 mg/ml HP in vehicle | $49.41 \pm 0.59 *$       | $97.21 \pm 2.17$ |

HP = Hexylresorcinol; \*p < 0.05)

**Data obtained from**: YK Won et al. Clinical efficacy and safety of 4-hexyl-1,3-phenylenediol for improving skin hyperpigmentation, Arch Dermatol Res, 306:455–465, 2014 (J&J Study)



# **Synovea<sup>®</sup> HR:** Human Clinical Studies: Normal & Hyper-pigmented Skin



### Skin Lightening Clinical Study: Synovea<sup>®</sup> HR vs. Hydroquinone

### **PROTOCOL:**

- **Human volunteers** Asian, Caucasian, Hispanic & African-American
  - 13 subjects (ITA<sup>0</sup> ranging from 7 to 31)
- □ Study duration 8 weeks (November 2006 to January 2007)
- **Test sites** Left & right arms
- □ Test substances 0.5% Synovea<sup>®</sup> HR in a lotion vs 2% Hydroquinone in a lotion
- □ Application frequency Twice a day
- Quantification of performance Represented using the individual typology angle (COLIPA SPF test method); Measured by chromametric measurement; ∆E of ITA<sup>0</sup> was calculated by subtracting average ITA <sup>0</sup> of the treated site from that of the average baseline (first day of study)



## Skin Lightening Clinical Study: Synovea<sup>®</sup> HR vs. Hydroquinone



#### % Improvement in Skin Lightening After Treatment



#### Results

- Skin lightening effectiveness of 0.5% Synovea<sup>®</sup> HR compares well with 2% Hydroquinone
- Synovea<sup>®</sup> HR requires 1/4<sup>th</sup> the amount to have similar effect as Hydroquinone
- □ Highly significant statistically: p-value <0.05 (4 weeks); <0.005 (8 weeks)



## Hyperpigmentation Control Study with Synovea<sup>®</sup>HR

### **PROTOCOL:**

- □ Human volunteers 18; Caucasian (10), Asian(7) and Hispanic (1)
- □ Study duration 8 weeks; May 2012 to July 2012
- □ Study location Australia
- □ Test sites Hand
- □ **Test substances** 1% Synovea® HR lotion
- □ **Application frequency** Twice a day entire hand(no sunscreen applied)
- Quantification of performance -
  - Comparative ITA<sup>0</sup> before & after treatment
  - Expert grading & Self-assessment (scale 0 to 4) (1) Skin tone, (2) Reduction in hyperpigmentation spots
    (3) Roughness & dryness
  - Photography



### Hyper-pigmentation Control Study with Synovea<sup>®</sup>HR



% Improvement – Self-assessment

Statistically significant (<0.05) improvement in skin appearance seen with 1% Synovea® HR lotion



## Hyper-pigmentation Control Study with Synovea<sup>®</sup>HR



### % Improvement in ITA<sup>0</sup> after Treatments

### **Conclusion:**

Significant even toning without affecting the surrounding areas with 1% Synovea® HR lotion



# Synovea<sup>®</sup> HR Reduces Hyper-pigmented Skin: African Subjects

**PROTOCOL:** 

- □ **Human volunteers** African, 20 subjects aged 31 to 51 yrs.
- **Study duration -** 8 weeks
- **Study location -** France
- **Test sites -** Face
- **Test substances** Cream A: 0.75% Synovea® HR + 2% Niacinamide and SPF 30 sunscreen lotion

+ Cream B: 1% Synovea® HR + 3% Niacinamide

- □ **Application frequency** Cream A during the day and Cream B during the night
- Quantification of performance -
  - Comparative ITA<sup>0</sup> before & after treatment
  - Subjective assessment by the volunteers
  - Photography



## Synovea<sup>®</sup> HR Reduces Hyper-pigmented Skin: African Subjects

### **RESULTS:**

- Comparison of ITA<sup>0</sup> at baseline and after 8 weeks product application showed
  - Reduction in 20% hyper-pigmented spots vs. 14% surrounding areas
- Significant improvement seen in clarity, complexion, hydration & reduction in pigmented spots, after 4 and 8 weeks of product application
- □ 95% volunteers expressed that their skin had "Healthy Glow"
- □ 89% volunteers would like to continue using the product irrespective of product pricing

Clinical Study Results: Photographic Comparison between Baseline & After Treatment



### Volunteer # 9



Baseline



After 8-week treatment

Clinical Study Results: Photographic Comparison between Baseline & After Treatment



Volunteer # 17



Baseline



After 8-week treatment



# Synovea<sup>®</sup> HR Inhibits Multiple Sites in the Melanogenesis Pathways



## Skin Protective Properties of Synovea® HR



### **Cell Protection**

• Up-regulating Glutathione, Glutathione peroxidase & Glutathione reductase (Free Radical Research, 37(5):509-514, 2003)

### **DNA** Protection

Providing long-term protection of DNA degradation under UV light (Mikrobiologiia, 75(5):662-669, 2006); 75(5):654-661, 2006)

### DNA Repair

Inhibiting DNA damage and improving DNA repair vis NFκB pathway (Intertech, chapter 8, <a href="http://dx.doi.org?10.5772?54341">http://dx.doi.org?10.5772?54341</a>, 2013)

### Protein Protection

• Protecting collagen and other proteins by reducing Glycation (J Agric Food Chem, 54(14):5120-5126, 2006)



# Synovea<sup>®</sup> HR: A Strong Inhibitor of Master Proinflammatory Transcription Factor NFκB



**Synovea<sup>®</sup> HR is 8 and 16-fold more effective than Resveratrol & Curcumin** Reference: Yang et al., Food Chemistry, 160:338-345, 2014

| Compound                | Amount Required to Inhibit<br>NF <sub>K</sub> B Activity by >90% |
|-------------------------|--|
| Synovea <sup>®</sup> HR | 6.25 μg/ml   |
| Resveratrol             | 50 μg/ml   |
| Curcumin                | 100 μg/ml  |

### What is NF- $\kappa$ B?

- **NF-κB** is a pleiotropic transcription factor which is present in almost all cell types
- **ΝF-**κB activation is a major mediator of inflammation in most diseases
- **Π** Inhibition of NF-κB activation can suppresses inflammation
- In unstimulated cells, NF-kappa-B dimers are sequestered in the cytoplasm via physical association with NF-kappa-B inhibitory proteins, called I-kappa-Bs.
- Upon activation, NF-kappa-B separates from I-kappa-B and migrates to the nucleus to activate gene transcription



### **Key Publications**

- 1. RK Chaudhuri, Hexylresorcinol: Providing skin benefits by modulating multiple molecular targets, In *cosmeceuticals and active cosmetics*, 3rd edition, Eds. Raja K Sivamani, Jared Jagdeo, Peter Elsner, Howard I Maibach, Francis & Taylor, Boca Raton, Chapter 7, pp 73-83, 2015
- S Tucker-Samaras, M Kizoulis, S Kaur, M Southall, J Fantasia, 4\_hexy-1,3-phenylenediol, An NF-κB inhibitor, improves photodamaged skin and clinical signs of ageing in double-blinded, randomized controlled trial, *Brit J Dermatol*, 173(1):218-227, 2015
- 3. YK Won, CJ Loy, M Randhawa, MD Southall, Clinical efficacy and safety of 4-hexyl-1,3-phenylenediol\* for improving skin hyperpigmentation, *Arch Dermatol Res*, 306(5):455-465, 2014
- 4. S Kaur, T Oddos, S Tucker-Samaras, MD Southall, Regulation of DNA repair process by the proinflammatory NFκB pathway, Intertech, Chapter 8, <u>http://dx.doi.org?10.5772?54341</u>, 2013
- 5. RK Chaudhuri, Effective skin lightening with skin protective properties, *Personal Care*, 39-44, 2010

\*note: 4-Hexyl-1,3-phenylenediol = Hexylresorcinol



### **Concluding Remarks**

- □ Safe & effective skin lightener/even toner
  - 80+ years history of human use; edible
  - Clinically proven to match hydroquinone performance with 1/4<sup>th</sup> of the dose.
  - Clinically proven to work for normal & hyper-pigmented skin & all ethnic groups
- Skin protection provided by
  - $_{\odot}$   $\,$  Protecting DNA damage & repairing damaged DNA by inhibiting NF  $\kappa B$
  - Stimulating glutathione to protect cells
  - Reducing glycation to protect protein
  - $\circ$  Reducing inflammation by inhibiting NF $\kappa$ B; Far superior to Resveratrol and Curcumine
- Antiaging benefits provided by
  - Stimulating collagen & elastin
  - Clinically proven to reduce multiple signs of aging